

HORA DE LA VRĂV  
(Bulgaria-Vlach)

This dance comes from the village of Vrăv, Vidin district, North-west Bulgaria. It was collected by Yves Moreau in the fall of 1971. The dance is related to the "Breaza" type of dance which is widespread in the region of Oltenia, Romania.

Pronunciation: HOH-rah dayh lah VRUFF

Music: WT BG 1002, side 1, band 1. 2/4 meter.

Formation: Mixed lines or open circles. Hands are joined down at sides; wt on L ft.

Styling: Knees bent slightly. Steps are small and close to ground with certain heaviness.

MeasPattern

- 1 Facing ctr, hop on L ft simultaneously bringing R ft around from behind to a fwd pos close to the ground (ct 1); facing slightly L of ctr, stamp sharply, with wt on R ft (ct &); hold (ct 2). Still facing slightly L of ctr, stamp sharply with wt on L ft (ct &).
- 2 Still facing same direction, stamp sharply with wt with R ft (ct 1); still facing same direction, stamp sharply with wt with L ft (ct 2).
- 3 Facing ctr, hop on L ft simultaneously bringing R ft around from a fwd pos to a bkwd pos close to the ground (ct 1); facing slightly R of ctr, stamp sharply with wt with R ft (ct &); hold (ct 2); still facing slightly R of ctr, stamp sharply with wt with L ft (ct &).
- 4 Still facing same direction, stamp sharply with wt with R ft (ct 1); still facing same direction, stamp sharply with wt with L ft (ct 2).
- 5-8 Repeat action of meas 1-4 exactly.
- 9 Facing ctr, hop on L ft (ct 1); step onto R ft to R (ct 2); still facing ctr, close L ft to R ft sharply (ct &).
- 10 Step onto R to R (ct 1); stamp with L ft next to R, no wt (ct 2).
- 11-12 Reverse action of meas 9-10.
- 13-16 Repeat action of meas 9-12.
- 17 Facing ctr, leap onto R ft to R simultaneously picking up L ft behind R calf (ct 1); leap onto L ft to R behind R ft (ct 2).
- 18-21 Repeat action of meas 17, four more times.
- 22 Still facing ctr, small leap onto R ft to R (ct 1); leap onto L ft to R in front of R ft (ct 2).
- 23 Sharp stamp with wt onto R ft turning to face slightly L (ct 1); step onto L ft sideways L (ct 2).
- 24 Facing ctr, step straight back onto R ft (ct 1); step onto L ft to R directly behind R ft (ct 2).
- 25-32 Repeat action of meas 17-24 exactly.

Repeat dance from the beginning until end of music.